

# SOLUTIONS

THAT *Work*



## NaProTECHNOLOGY

*"Most medical approaches today bypass the woman's problem or simply override her natural processes altogether. With NaPro, we find out why the body isn't functioning correctly, then apply treatments that work cooperatively with the body."*

— Thomas W. Hilgers, MD, CFCE

NaProTECHNOLOGY® is an emerging science of women's healthcare that approaches procreative and gynecologic health problems in a way which is completely cooperative with the menstrual and fertility cycles and is also morally acceptable to people of all faiths. This reproductive science maintains the integrity of the human person, respects the dignity of women and supports the institution of marriage.

A central tool of NaProTECHNOLOGY is the Creighton Model FertilityCare™ System. This educational technology (which has been developing for over 30 years) allows a woman to monitor a variety of different biological markers (bio-markers) that reflect the occurrence of various hormone events during the course of her menstrual cycle. Doctors can use these bio-markers along with other medical technologies to solve problems of infertility, repetitive miscarriage, recurrent ovarian cysts, polycystic ovarian syndrome, endometriosis, hormonal abnormalities, and abnormal bleeding.

NaProTECHNOLOGY is offered at the Pope Paul VI Institute and in satellite FertilityCare™ centers. See **Resources** for local practitioners trained at the Institute.

# RESOURCES

Friends of FertilityCare Philadelphia  
[www.fertilitycarefriends.org](http://www.fertilitycarefriends.org)

Click the FertilityCare™ professionals tab on the website above to find a FertilityCare™ Practitioner who teaches the Creighton Model FertilityCare™ System. The following doctors practice NaProTECHNOLOGY in the greater Philadelphia area. The \* denotes physicians who are affiliated with the National Gianna Center for Women's Health and Fertility.

**Dr. Kyle A. Beiter\*** (New Brunswick, NJ)  
(732) 565-5490

[www.saintpetershcs.com/giannacenter](http://www.saintpetershcs.com/giannacenter)  
Dr. Beiter is an obstetrician/gynecologist and NaProTECHNOLOGY surgeon at St. Peter's University Hospital National Gianna Center for Women's Health and Fertility.

**Dr. Jean Golden-Tevald\*** (Clinton, NJ)  
(908) 735-9344

[www.morningstarfhc.com](http://www.morningstarfhc.com)  
Dr. Tevald is board-certified in Family Medicine and has additional training and expertise in the Creighton Model FertilityCare System, NaProTECHNOLOGY and life affirming treatments for many obstetric and gynecological disorders including recurrent miscarriage and infertility.

**Dr. Freeman Brndjar\*** (Macungie, PA)  
(610) 820-0575

[www.drmaryannefb.com](http://www.drmaryannefb.com)  
Dr. Brndjar is an obstetrician/gynecologist who is trained in NaProTECHNOLOGY and is the director of the Gianna Center of Allentown.

**Dr. Monique Ruberu** (Huntingdon Valley, PA)

1650 Huntingdon Pike, Suite 118  
Meadowbrook, PA 19046  
215-914-2600  
Dr. Ruberu is an obstetrician/gynecologist who is trained in NaProTECHNOLOGY and practices at Holy Redeemer hospital

**Dr. Eleanor Tiongson, MD, FACOG**  
(Ridley Park, PA)

(610) 586-7488  
Dr. Tiongson is an obstetrician/gynecologist who is trained in NaProTechnology

FertilityCare™  
[www.fertilitycarefriends.org](http://www.fertilitycarefriends.org)

# INFERTILITY



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*to Hope*