



FertilityCare NEWS Philadelphia

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An interview with Dr. Eleanor Tiongson (cont. from page 2)

you believe impressed them the most about your practice?

Dr. Tiongson: Before I completed my course of instruction as a Creighton Medical Consultant this past April, I was privileged to help support the third pregnancy of a 26-year-old woman who had experienced a negative workup for two successive early

pregnancy losses. With the grace of God we are awaiting a full-term delivery. I would call this evidence-based medicine. The joy of accomplishing her motherhood not to mention the joy of the father will speak for itself for the effectiveness of the Napro Technology to my colleagues in Ob/Gyn.

Friends: Where do you hope to see the Creighton Model FertilityCare system and NaProTechnology in the next three years?

Dr. Tiongson: I pray that more of the medical profession will adopt and experience the joy that I feel with this system and science that upholds the dignity and beauty of the creation

of God made to His image and likeness. One doctor at a time. The Church started with only twelve apostles. So help us God!

Dr. Eleanor Tiongson is located at Medical Office Building at DCMH, STE # 301
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Drexel Hill, PA 19026
Phone: 610-626-7488

Operation NaPro Now

For those of you living in the Philadelphia area, we have a new promotion that costs nothing but a few minutes of your time. Find the websites of your local hospitals, go to the comments section and inquire if they offer Creighton Model FertilityCare Services and NaPro Technology. Let them know what you know about NaPro. Then contact us on our website www.fertilitycarefriends.org and let us know the response.

Be a Friend of FertilityCare

Yes, I want you to consider me a friend of FertilityCare and be informed of the exciting developments of Creighton Model FertilityCare services and NaProTechnology in the Philadelphia region. I understand that all donations are tax-deductible. Enclosed is my check payable to Friends of FertilityCare.

Supporting member _____ \$25 _____ \$50 _____ other

I am unable to support financially at this time, but please keep me on the mailing list.

I would like to volunteer for future events.

Name _____

Address: _____

Phone number/e-mail _____

The Friends of FertilityCare is tax-exempt under section 501(c) (3) of the Internal Revenue Code.
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Scholarship Program Supports Creighton Model training for Health Care Professional students

by Dr. Bob Motley

"Where can I find a Creighton-trained doctor?" We hear this question often from couples who need medical intervention to help with fertility problems. Creighton Medical Consultants help diagnose and treat women who have problems related to their menstrual cycles or impaired fertility. They also provide the necessary back up to the network of FertilityCare Practitioners -- those who teach women and couples how to track the physical "biomarkers" of fertility.

Currently, traditional programs in our regional health professional schools do not include

the "good news" of the Creighton Model of FertilityCare and NaProTechnology. Fortunately, a number of medical students, PA's and NP's have shown interest in completing the necessary training to become certified Creighton Medical Consultants.

Medical Consultant candidates must complete a rigorous, two-phase course of study sponsored by the PPVI Institute in Omaha, Neb., in order to complete their certification. The cost per student for the two phases of training approaches \$8,000. For many candidates this cost comes at a time when they are paying professional school tuitions in

the \$30,000 to \$40,000 range. Friends of FertilityCare has made it part of its mission to contribute to the training of young professionals so that we can build the regional network of clinicians who support women, couples and the

FertilityCare Practitioners who serve them. The first three Medical Consultant candidates will begin their training in the coming year. Given the excitement created by Dr. Hilgers' presentation in Philadelphia in September, we expect several others to step forward in the coming months.

Friends of FertilityCare hopes to raise enough money to provide 1/2 tuition scholarships to our health professional students who want to become Creighton Model Medical Consultants. Many women and couples are



struggling with infertility and other conditions such as premenstrual disorders (PMS, PMDD), pelvic pain and recurrent miscarriages—problems that can challenge even the healthiest relationships.

Appreciating the gift of fertility and building healthy relationships (as the television commercial says)...PRICELESS!

So, please pray for the success of this scholarship program... and be as generous as your means will allow. Send your donation to Friends of FertilityCare and label it "Scholarship Program." Mail it to: P.O. Box 354 Jenkintown, PA 19046. Better yet, become a sustaining member of this endeavor by committing to a monthly donation. Contact us via our Web site: www.fertilitycarefriends.org for more information on this option.



Check us out on the Web:
www.fertilitycarefriends.org

Calling all Women's Health Professionals

As the demand for Creighton Model FertilityCare services and NaProTechnology increases, there will be a need for more FertilityCare Practitioners. For more detailed information regarding Allied Health Education Programs,

please see www.popepaulvi.com. Certificate Program for FertilityCare Practitioners, Mt. Kisco, NY, beginning March 2, 2009. For more information, please contact Kathy Rivet, Education Program Co-

ordinator, St. Joseph Hospital, Nashua, NH, 603-595-3947 or via e-mail: krivet@sjh-nh.org. Certificate Program for FertilityCare Practitioners and Medical Consultants, Omaha, NE, beginning October 3,

2009. For more information, please contact Alice Sales, Education Program Coordinator, Pope Paul VI Institute. Phone: (402) 390-9168 or via e-mail: education@popepaulvi.com.

An interview with Dr. Eleanor Tiongson



Dr. Eleanor Tiongson is the newest Creighton Medical Consultant in the region. She enjoyed a successful OB/Gyn practice that spanned 30 years before she announced her decision to discontinue prescribing contraception. She became a Creighton Medical Consultant after completing her training from the Pope Paul VI Institute in April 2008. She currently has a thriving FertilityCare practice in Drexel Hill, Delaware County.

Friends: Please share with us your background, including your education and experiences before you became a Creighton Medical Consultant.

Dr. Tiongson: I received my medical education from the University of Santo Tomas, Manila, Philippines, in 1968. I completed my residency training in Obstetrics Gynecology at the Presbyterian University of Pennsylvania Medical Center in Philadelphia. I am board certified by the American College of Obstetrics and Gynecology and had a full-time OB/Gyn private practice until 2002 when I restricted my practice to gynecology.

Friends: Can you tell us what inspired you to practice NaPro Technology?

Dr. Tiongson: The practice of NaPro Technology gives me the

total fulfillment of being a physician following the mandates of the Church and Humanae Vitae. Patients are empowered to enjoy the sacredness of their sexuality, marriages, and their gift of life!

Friends: When did you decide that you wanted to discontinue prescribing contraceptives?

Dr. Tiongson: It's close to 10 years that I have given up the contraceptive aspect of my practice. As Blessed Mother Teresa of Calcutta said, "We are asked not to be successful but faithful."

Friends: When did you first hear of Dr. W. Thomas Hilgers, the founder and director of the Pope Paul VI Institute?

Dr. Tiongson: When I attended a presentation on NaproTechnology by Dr. Jean Golden-Teveld with Dr. Brigida de Guzman (at St. Dominic Parish in Philadelphia), about five years ago.

Friends: What inspires you the most about Dr. Hilgers?

Dr. Tiongson: His unwavering and strong witness to the truth of the Catholic faith embodied in his brilliant career in reproductive endocrinology unsurpassed by any of his peers. He truly is a faithful and blessed disciple of Christ, the Divine Physician.

Friends: What has been your greatest success story in promoting NaProTechnology among your fellow colleagues? What do

Continued on page 4

Know your FertilityCare Practitioners

FertilityCare practitioners provide instruction in the Creighton Model FertilityCare system. In addition to teaching couples a natural method of birth regulation, they can assess the need for NaProTechnology and make referrals to Creighton Medical Consultants.

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Additional practices for the United States and Canada are listed at www.fertilitycare.org

You've got a friend in Pennsylvania, Dr. Hilgers

Technically, that should be "friends." Dr. Hilgers has friends galore, and to prove it to him, they came out in droves on Saturday, Sept. 13. More than 120 participants attended the health care symposium, and a number of health care professionals traveled to the event from New York, New Jersey and Delaware. The evening dessert reception was exciting, and it was best described by Dr. Hilgers in the "President's Comments" of *FertilityCare Line*, a publication of the FertilityCare Centers of America.

"I have participated in three separate events over the last five

months which have impressed upon me perhaps better than any three events that I can remember, of the extraordinary impact of this work.... The third event was one that I just recently participated in. This was sponsored by the "Friends of FertilityCare" in Philadelphia, Pa. I was invited to give a talk on NaProTechnology at a CME conference and then later that evening attend a reception where the Friends of FertilityCare had invited a number of parents and their young children to express their gratitude to NaproTechnology for the gift of their children. Admittedly, this gathering was modeled after the much larger one in Galway. There was, however, one

difference. At the gathering in Philadelphia there was a request made to the group to see if any of them would like to share their witness to this work. Several young mothers and one father took the microphone and gave extraordinarily positive and moving testimonials to the role that NaproTechnology played in their lives.

As I sat listening to this.... I think for the very first time I realized the extraordinary impact NaproTechnology is currently playing in the lives of many of our clients and patients. It is totally awesome to see



the statement in *Humanae Vitae* that "children are the supreme gift of marriage: become so real. So palpable. So extraordinary."

It is our hope that the Friends of FertilityCare Web site will have the entire presentation on a MP3 download for your listening enjoyment! Please visit www.fertilitycarefriends.org.



You are cordially invited to attend the 28th Annual Meeting of the American Academy of FertilityCare Professionals

SPONSORED BY HOLY SPIRIT HEALTH SYSTEM, CAMP HILL, PA.

Holiday Inn Harrisburg East
Lindle Road, Harrisburg
Wednesday, July 15 – Saturday, July 18, 2009

The capital city of Harrisburg is located in the heart of scenic south central Pennsylvania, minutes from Hershey and about 40 miles from historic Gettysburg. Plenty of family-friendly activities and entertainment are available in the area, including amusement parks, state parks, recreational areas, historic sites, museums, and more!



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423 North 21st Street, Camp Hill
717-763-9880
Spirit FertilityCare Services
717-909-9414

Creighton Model Providers:

Anne Marie Manning, MD, NFPMC
Faith Daggs, MD, NFPMC
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Patricia Katzenmoyer, CRNP, FCP, NFPNP
Dorice Millar, RN, CFCP, FCE
Kimberly Lane, RN, BSN, FCP
Erin Donley, M.Ed., FCP

Looking for Witnesses

The FertilityCare Practitioners of Southeastern PA are keeping a list of people who would be willing to share their experiences with potential client couples. Many women and couples who call the FCPs have read about FertilityCare and NaPro Technology on the Internet. It is especially helpful for them to speak to someone who has "been there."

If you are willing to become a resource for the FCPs, please contact Liz Parrish at fertilitycareservices@comcast.net.