



FertilityCare NEWS Philadelphia

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Dr. Hilgers to visit Philly in 2008

FertilityCare friends, mark your calendars. You don't want to miss Dr. Thomas Hilgers' visit to Philadelphia! Dr. Hilgers is the founder and director of the Pope Paul VI Institute for the Study of Human Reproduction in Omaha, NE. As

many of you know, the Pope Paul VI institute is dedicated to building a culture of life through the Creighton Model FertilityCare System and NaPro Technology. Two events are currently in the planning stages. A health care professional's

symposium on NaProTechnology is scheduled for Sept. 13, 2008, and another informal event for lay people in the evening. Details can be found in upcoming newsletters. For more information please contact Barbara Rose at 215-884-2922.

Share the good news

Are you passionate about NaProTechnology? Do you wish more people knew of the Creighton Model FertilityCare System and the benefits it offers to women and families?

Now there's a way you can help. Brochures, pamphlets and books are available for distribution. Please contact Theresa Strenge at 215-428-2216.

Be a Friend of FertilityCare

Yes, I want you to consider me a friend of FertilityCare and be informed of the exciting developments of Creighton Model FertilityCare services and NaproTechnology in the Philadelphia region. Enclosed is my check payable to Friends of FertilityCare.

Supporting member _____ \$25 _____ \$50 _____ other

I am unable to support financially at this time, but please keep me on the mailing list.

I would like to volunteer for future events. My name and phone number is:

Please send your donations to Friends of FertilityCare, P.O. Box 354, Jenkintown, PA 19046.

May God bless you for your generosity.

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Friends of FertilityCare Philadelphia

It is with great pleasure that I welcome you to the Friends of FertilityCare Philadelphia. This non-profit organization was created for the sole purpose of making Creighton Model FertilityCare services and NaProTechnology known and recognized throughout Philadelphia and the four suburban counties of Chester, Delaware, Montgomery, and Bucks.

Friends of FertilityCare (FFC) will be involved in educational and promotional activities for both the general public and health care professionals. There are some exciting events being planned to help make the "good news" of FertilityCare Services accessible to all in the Philadelphia area. This newsletter is designed to keep you informed of these events along with the listing of FertilityCare practices, educational programs for health care professionals and published research concerning NaProTechnology.

If you are receiving this mailing, you have been identified as a friend to FertilityCare Services. Please consider becoming a member of the Friends of FertilityCare so that you can take an active role in this important work.


Barbara Rose, RN, MSN, FCP
Editor

"We can look at a woman's cycle in ways that others simply can't. We work cooperatively with a woman's cycle rather than suppressing it or destroying it. Many women come to us after years of being frustrated by the treatment they received elsewhere."

—Dr. Thomas Hilgers quoted in the *Washington Post* Oct. 31, 2006

FertilityCare "on the air" and through your computer

Oh, the wonders of modern technology! Today we can listen to radio broadcasts from stations across the country and in our local area by downloading audio files to our computers. Radio shows that feature FertilityCare and NaProTechnology are available as streaming audio or MP3 downloads. "Your FertilityCare Consult with Dr. Hilgers" is now airing on Spirit Catholic Radio 88.9 FM KVSS on Mondays at 10 a.m. and re-airs Saturdays at 8:30 a.m. KVSS radio can be accessed through the Pope Paul VI Web site at www.popepaulvi.org and clicking the "Your FertilityCare Consult" button.

KVSS has also produced the Pope Paul Institute Minute. These are 60-second interviews with Dr. Hilgers discussing the disturbing trends in the health care of women, children and families and



how NaPro Technology provides "real solutions to real problems."

Our own local Catholic radio station, WISP 1570 AM, also has a Web site. Click on www.holyspiritradio.org and find the icon that says, "Voices for the Unborn." From there you can find the archives available on the site. A click on the dates of 3/28/07 or 8/29/07 brings up the MP3 downloads of shows with co-hosts Jeannette Wynne and Bill Miller interviewing FertilityCare Practitioners from the Philadelphia region.

Calling all Women's Health Professionals

As the demand for Creighton Model FertilityCare services and NaProTechnology increases, there will be a need for more FertilityCare Practitioners. The following is a partial list of the Allied Health Education Programs being offered close to the Philadelphia region. For more detailed information, please see www.popepaulvi.com and click on "Education."

Creighton Model FertilityCare System Practitioner Education Programs

Certificate Program for FertilityCare Practitioners, Mt. Kisco, NY, beginning November 10, 2007.

For more information or for an application, please contact Kathy Rivet, Education Program Coordinator, St. Joseph Hospital, Nashua, NH, 603-595-3947 or via e-mail: krivet@sjh-nh.org.

Certificate Program for FertilityCare Practitioners, Camp Hill, PA, beginning April 26, 2008.

For more information or for an application, please contact Dorice Millar, RN, FCEI, Education Program Coordinator, Holy Spirit Health System, Camp Hill, PA, 717-909-9414 or via e-mail: dmillar@hsh.org.

Applications will be accepted after November 17, 2007.



The iNEST Study of Infertility and Miscarriage

iNEST is the acronym for the International NaProTechnology (NPT) Evaluation and Surveillance of Treatment for Infertility and Miscarriage. The purpose of the iNEST study is to investigate what happens to patients who inquire about treatment with NaProTechnology (NaPro) to help them conceive or maintain a pregnancy. The study will evaluate live birth rates among couples who are treated with NaPro for infertility and miscarriage. Comparisons will be made to those declining treatment, waiting for treatment or discontinuing treatment. iNEST is being coordinated by the International Institute of Restorative Reproductive Medicine (International IRRM), an organization of physicians and researchers



dedicated to the restoration of normal reproductive function. The principal investigator is Joseph B. Stanford, MD, MSPH, of the Department of Family and Preventive Medicine, University of Utah.

Why is this study important?

So far, studies of NaProTechnology effectiveness and outcomes have been done in individual centers. By working together, researchers will be able to enroll a larger number of patients in a shorter time making

it possible to better understand how well NaPro works.

Couples who participate in iNEST, by sharing their experience, will help researchers better understand what happens to people who seek help conceiving or maintaining a pregnancy. The results will be published in medical journals so that more physicians will be informed of NaPro's success.

Who is eligible for the study?

All couples who inquire about undergoing NaPro treatment to help conceive or maintain pregnancy from a participating physician are eligible for the study, whether or not they ultimately receive NaPro. It is hoped that patients will be enrolled from all countries in which NaPro is offered.

How is the data collected?

Study participants will provide information about their treatment and their experiences through surveys and medical records. Men and women will initially be asked to sign consent forms and complete detailed questionnaires. Follow-up questionnaires will be collected every six months for three years.



Where is closest iNEST research center?

Morning Star Family Health Center
Dr. Jean Golden-Tevald, D.O.
416 Mechlin Corner Road
Pittstown, NJ 08867
Phone: 908-735-9344
Fax: 908-735-7136
www.morningstarfhc.com

Know your Creighton Medical Consultants

Creighton Medical Consultants have incorporated into their practices the newly emerging science of Natural Procreative Technology (NaProTechnology or NaPro for short). There is currently one Creighton Medical Consultant in the greater Philadelphia region.

Dr. Brigida deGuzman-Cam, OB/GYN
196 West Sproul Road
Springfield HealthPlex,
Suite 209
Springfield, PA 19064
Phone: 610-338-2715



Additional practices for the United States and Canada are listed at www.fertilitycare.org.

Know your FertilityCare Practitioners

FertilityCare practitioners provide instruction in the Creighton Model FertilityCare system. In addition to teaching couples a natural method of birth regulation, they can assess the need for NaProTechnology and make referrals to Creighton Medical Consultants.

Presently, the following people have FertilityCare practices in the Philadelphia region. All four are allied health professionals and conduct group introductory sessions to the Creighton Model FertilityCare system every month.



Bucks County

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Montgomery County

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FertilityCare on the Web

All friends of FertilityCare should be familiar with the following Web site addresses for quick reference or to recommend to clients, friends and family!

www.fertilitycare.org

FertilityCare Centers of America (FCCA)

www.aafcp.org

American Academy of FertilityCare Professionals

www.iirm.org

International Institute of Restorative Reproductive Medicine

www.pnfpn.org

Home page of the Philadelphia NFP network. All introductory sessions of the Creighton Model FertilityCare System in Philadelphia are listed here.

FertilityCare Professionals Speak!

Looking for a speaker for your parish? Guest lecturer for your college class?

How about someone to address health care administrators? FertilityCare Professionals have been known to address groups such as these and more! Just call any of the FertilityCare Practitioners or Medical Consultants listed in this newsletter.